

I just started my first ever butterfly garden this spring and WOW! I have enjoyed watching this incredible stage show for the last several months! I planted numerous Milkweed host plants as well as fennel. The fennel has been an incredible food source for all sorts of insects, not to mention, we have harvested our very own fennel seed for cooking.

Yesterday, as I was cleaning up some dead areas on a fennel plant and carrying them to the trash can, I was literally tapped on the shoulder by a butterfly and then she landed on the fennel in my hand. I felt she was saying "No, please do not take away!" As I looked more closely, I found tiny bright yellow pin head dots all over the plant! After researching on the internet, I learned these were butterfly eggs. What a clever little gal to flutter by and save her babies. I have placed the fennel trimmings back in their home. I am so excited to watch the transformations!

I believe the when our hearts are open and the clutter in our minds is quite, we can hear many wonderful things from nature! Try it!

Kim Pezzeminti