

As hunters we are always thinking about our scent in the woods! Well I would like to share about scents in the house. During the last few months, there has been some mighty fantastic smells coming from our kitchen. There is nothing better than having the smells of turkey, bread, cookies and anything else we might bake up "Stinking up the house". This is what my Dad calls it! When I was little, my Mom would put our Thanksgiving Turkey on the night before the big day. When morning came, the smell would levitate me off my bed, down the steps to the kitchen....mmmm good. This year my Husband cooked a standing rib roast with a horseradish, garlic, olive oil and rosemary rub. The roast cooked for almost 3 hours and I wanted to just put a cot by the stove and inhale! Maybe the spa should try this over burning essential oils.

When I traveled through airports a few years ago, They could have blind folded me, flown me around, dropped me off and said "where are you?". With one big sniff, I could say Cinnabon, that is Cincinnati airport. Smells can reach way back in our memory banks and revive an old feeling or place.

There are some smells we might like to avoid but most smells are good. This may sound crazy but I love the smell of the skunk. From childhood we are automatically taught that when we smell this smell we reply "PEWWWWW". It was not until by adulthood that a friend, Tom, told me he liked the smell of the skunk. I thought about this for a while and determined he was right.

I agreed even more when I moved away from Tennessee to Florida, where I do not get those whiffs much anymore. When I drive home and get that scent of skunk, I feel at home...silly but true.

I am wishing you a wonderful year of SMELLING...the most magical sense we have! Be sure to follow that nose in the woods too! There is nothing like the smell of an Elk or deer. This may sound funny too but I can even smell when a snake is near by. Follow your Nose to render some good eating and good hunting.

Kim Pezzeminti