

At the end of February during the full moon, I planted Mammoth Sunflower seeds into a mini indoor greenhouse kit. After planting the seeds, I performed a ceremony with one of my turkey feathers and blessed the seeds to grow! I sat my mini greenhouse in my kitchen so I could track the progress of my seedlings each day. The directions said the germination time was 14-21 days. This weekend as I was working in the kitchen, my eye caught a tiny glimpse of green emerging from the almost black soil! I screamed with such joy and excitement that my husband thought something tragic had happened. He ran over to see the sprouts and he too was excited. This investment was just over \$7.00 and I cannot tell you the pleasure it is bringing us every day. This morning, I have 11 sprouts total and I have set them in the warm and delicious sun to grow towards the light.

I can't wait to plant these in my yard where I will begin my 2nd phase of excitement to wait for the BLOOM which is 75-90 days! I believe this wonderful adventure will bring many lessons.

The first and most important is patience. The second lesson I have already learned is that it only takes a few dollars to create months of entertainment. I am reading a book now titled "A Bride goes West" and it is about life in the late 1800's and ranching. People would ask these folks how did they live out in the middle of no where with no neighbors and interaction. They would reply that there was so much culture and adventure in nature that living in a town would not even compare! I would have to agree!

I would encourage all of us as we head into the glorious spring time to not only physically plant seeds but to mentally plant some seeds of our own. Just think how wonderful those "seeds of thought or intention" will become...and BETTER than that...it ONLY takes 14-21 days to germinate! Allow your mind and body to pop out of that dark soil bed and rise to the glorious sunlight! BLOSSOM my friends!



Isn't this the most tender, delicate and sweetest thing you have ever seen? Grow to Mammoth heights little seeds. Kim Pezzeminti